SCHOOL St George's Catholic Primary School	HEADTEACHER - PE Leader -	Mrs D Monaghan Miss O'Hara	Academic Year	2018 - 2019
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## PESP STATEMENT 2018 - 2019 IMPACT OF THE PRIMARY SCHOOL SPORT FUNDING ON PUPILS' LIFESTYLES AND PHYSICAL WELL-BEING

Meeting national curriculum requirements for Swimming and Water Safety			
What percentage of your Year 6 pupils can swim competently, confidently and proficiently over a distance of at least 25 metres?	95%		
What percentage of your Year 6 pupils can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	85%		
What percentage of your Year 6 pupils can perform safe self-rescue in different water-based situations?	95%		

Updated: Oct 2018		Total Funding allocated: £22,822		
Key Indicators	Action	<u>Success Criteria</u>	<u>£ Cost</u>	Impact Evaluation/Next Steps
1) The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school	- Run Change 4 Life Club – employ coach to run club each week (Summer Term).	<ul> <li>Promote healthy and active lifestyle.</li> <li>Encourage children to take up new sports and activities.</li> <li>Using the curriculum to develop pupils' knowledge, attitudes and skills about health and wellbeing.</li> <li>Opportunities which attract less-active young people to participate in physical activity.</li> </ul>	£350	Increase in physical activity of all children in the club – 95% of which were considered 'previously inactive' from PE data as they did not take part in any other after-school clubs. The club also helped to increase sense of well-being, belonging and self-esteem as pupils enjoyed playing games with mixed- aged peers.

2)The profile of PE and sport being raised across the school as a tool for whole school improvement	Installation of 'playground trail' line markings on KS1 playgrounds (Uni-Play Ltd) Purchase new equipment for Sports Leaders playtime games.	<ul> <li>Increased participation in physical activity at break and lunch times.</li> <li>PE coaches able to plan a variety of activities with a wider range of equipment available.</li> <li>More opportunities provided to take part in a wider variety of activities.</li> <li>Pupils more likely to take part in a physically active game, guided by older children, at playtimes rather than sitting down.</li> </ul>	£2598 £357	Installed during summer holidays – see impact on 19/20 PESP Statement. Meeting held with Sports Leaders for them to voice their opinions and contribute to the ordering of new equipment they would like to run new lunchtime clubs. A range of new equipment was ordered which enhanced Sports Leaders motivation to run lunchtime games and encouraged more children to take part in the games. Play was more focused at break/lunch times and younger children enjoyed having older children lead games for them. Equipment is stored safely in a weather proof storage shed and Sports Leaders are ensuring everything remains in good condition for use next year.
3) Increased confidence, knowledge and skills of all staff in teaching PE and sport	- Survive & Save Training, ASA Level 1 Swimming Teaching Certificate- (Miss Ward)	- Greater understanding and knowledge of teaching and learning in Swimming. Add more challenge within a lesson. Opportunity for smaller adult-led groups in Swimming lessons enabling chn to make more progress.	£650	Expected standard for the end of primary school was met by majority of pupils (95% could swim 25metres confidently). 5 children who were complete 'non- swimmers' and afraid of getting in to water at the start of sessions, were able to confidently get in to the water, without a float, by the end of the swimming programme. 3 of these pupils were able to confidently swim 25metres at the end of swimming lessons.

<b>4)</b> Broader experience of a range of sports and activities offered to all pupils	G&T Gymnastics Club ( <i>Northwood</i> <i>Gymnastics</i> club link) from Sept 2018. - Mon – Year 3 / 4 and Year 1 / 2 - Thurs – Year 5 / 6	<ul> <li>Opportunities which attract less-active young people to participate in physical activity.</li> <li>Opportunities for talented young sports people specific support to help them to develop their sporting potential and improve physical skills.</li> <li>Increased participation in extra-curricular clubs.</li> <li>Improving positive attitudes to sport and being active.</li> <li>Increasing knowledge of healthy lifestyles</li> <li>Safe equipment that pupils can use and enjoy regularly.</li> </ul>	£660 Autumn + £570 Spring + £450 Summer = £1680	36 pupils were selected for G&T Gymnastics Squad, following trial sessions. 7% Pupil Premium. 20% of these children did not participate in any other After-School clubs previously. Clubs ran weekly led by specialist Gymnastics coach and children took part in 45 minutes of extra physical activity. Children were challenged and supported in developing their Gymnastics skills. The teams were able to enter and take part in the Harrow Gymnastics Competitions throughout the year > Year 3 and 4 teams placed 4 <sup>th</sup> and 5 <sup>th</sup> out of 9 competing teams and two individual achievement medals were achieved. Pupils' confidence increased in attending competitions. Year 5 and 6 teams were also able to take part in the first annual 'Gym Fest' – showcase of gymnastics and dance skills, performed on stage to audience and parents.
	Sports Week events/workshops bookings (June 2018). 'Kidz Fit' Health & Fitness workshops Gym-Fix Services to audit the safety of PE equipment (indoor gym equipment, ropes, climbing walls & outdoor climbing equipment).		£380 £4935	Health and Fitness workshops for classes in Reception to Year 3. Sessions were fun, educational and inclusive. All children, including SEN and shy/emotional children, fully engaged in the sessions and took part in the activities which helped to build confidence and self-esteem. The workshops supported our Science and PSHE curriculums by educating children on the importance of leading a fit and healthy lifestyle. All PE equipment was audited and safety- checked. Some equipment needed repairing and updating. All outdoor climbing equipment and indoor gymnastics equipment are in full use again and safe for children to use.

<b>5)</b> Increased participation in competitive sport	Buy into HTSA (Harrow Teaching School Alliance) PE package with Youth Sport Trust and HSIP. (also meeting Key Indicator 3 Increased confidence, knowledge and skills of all staff in teaching PE and sport)	<ul> <li>Children have access to good quality Sport and PE.</li> <li>Children have continued opportunities to participate and compete in competitive sports locally, borough wide and nationally ~ Competitions Calendar.</li> <li>Networking with colleagues and sharing of good practise.</li> <li>Work with partners including HSIP, Youth Sport Trust, Healthy Schools London, London Sport, Harrow Borough Council as well as local clubs.</li> </ul>	£1300	<ul> <li>Outcomes of the contribution to the PE SLA:         <ul> <li>St George's Sports teams had opportunities to take part in local, borough and national competitions.</li> <li>Membership to the Youth Sport Trust – support, online resources, Quality Mark, campaign updates.</li> <li>CPD from the Harrow PE and Sports Hub: New ideas for implementing the new PE curriculum; networking; direct links to sporting organisations and clubs; increased capacity and sustainability of PESP; positive impact of health and well-being on whole school improvement.</li> </ul> </li> </ul>
	Booking of mini-bus drivers to transport sports teams to and from competitions. Watford FC Trust –send in coach to cover PE lessons to enable PE teacher to attend competitions and fixtures with school teams.	<ul> <li>Increased opportunities to access competitive sport within the borough.</li> <li>Increased opportunities to participate in out-of-school sports.</li> </ul>	£200 £726	Having a coach cover for PE lessons and a mini-bus driver enabled our PE coach to take St George's sports teams to all fixtures they attended throughout the year – without these, the school would not have had such a high attendance rate at sports events within the borough. It was important that PE lessons were not jeopardised by the teacher having to leave site for competitions- therefore high importance was placed on having these lessons covered so children within school were still receiving their usual PE lessons, enabling them to be physical active.
		Total	13,176	£9,600 to carry forward – committed to be spent on Outdoor Gym Equipment (Sovereign Design Play systems Ltd) in October half term 2019.